

EFAW Emergency First Aid at Work

Introduction

This course is suitable for anyone who may find themselves in a position where they come across an individual in need of medical assistance. This may apply to carers, teachers, door staff, caterers, construction staff to name only a few.

Learning Outcomes

This course will cover the basics of First Aid, from discovering a casualty to contacting the Emergency Services.

- Principles of First Aid
- How to manage an incident
- How to treat an unconscious casualty
- Bleeding
- Choking
- Heart attacks / Stroke
- Resuscitation / C.P.R.

Course Duration

One Day

Max 12 Students

Instructor

Certificated Instructor

Certification

Highfield ABC Certificate



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